

Mekanisk brystkompresjon under HLR, er det indisert?

Lars Wik

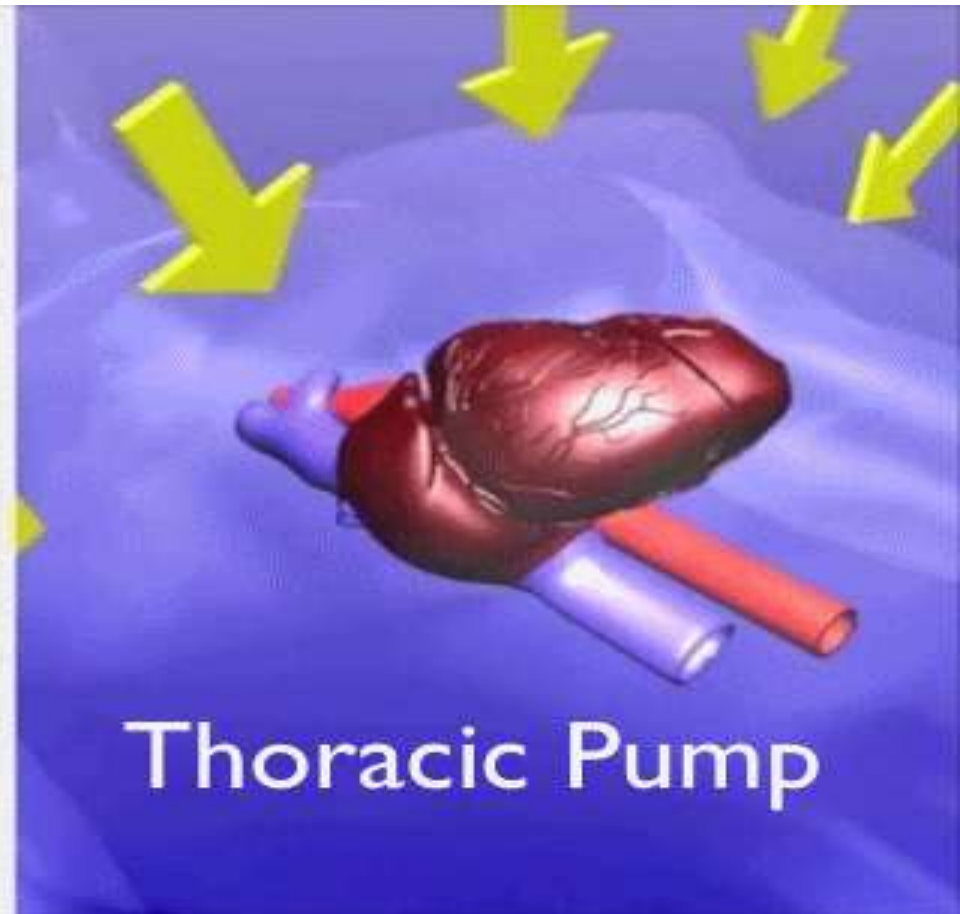
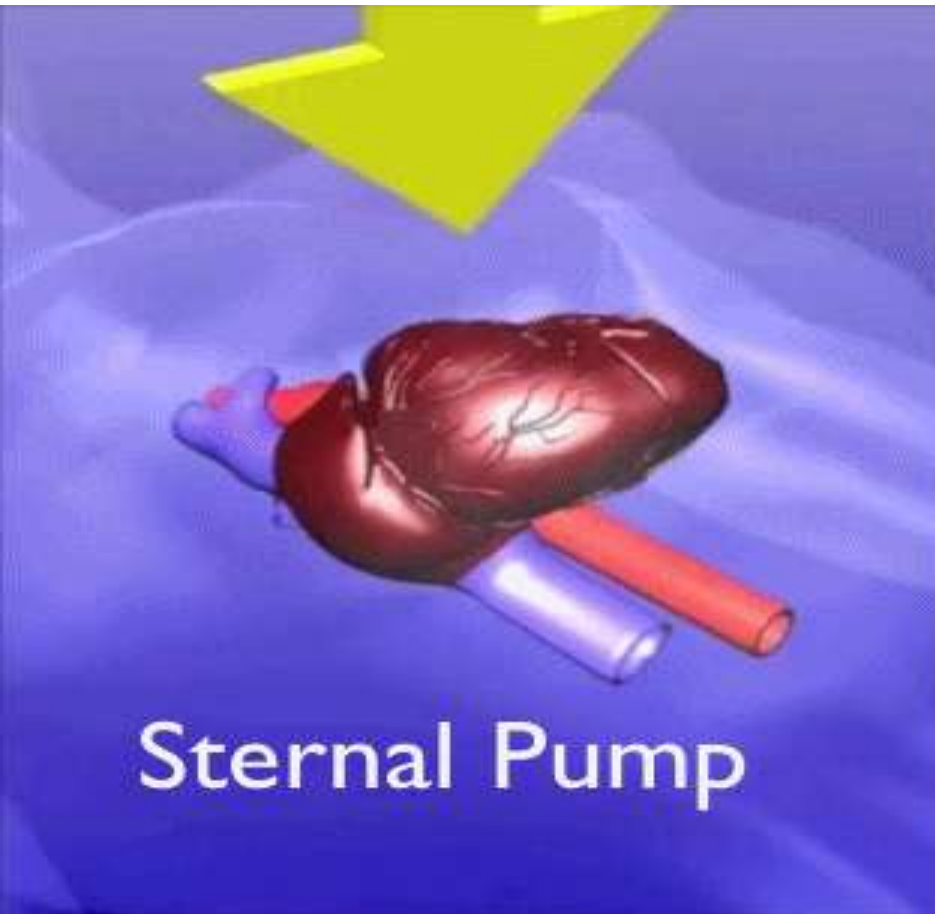
NAKOS

CI: PI for CIRC som er sponset av Zoll

Manuell brystkompresjon

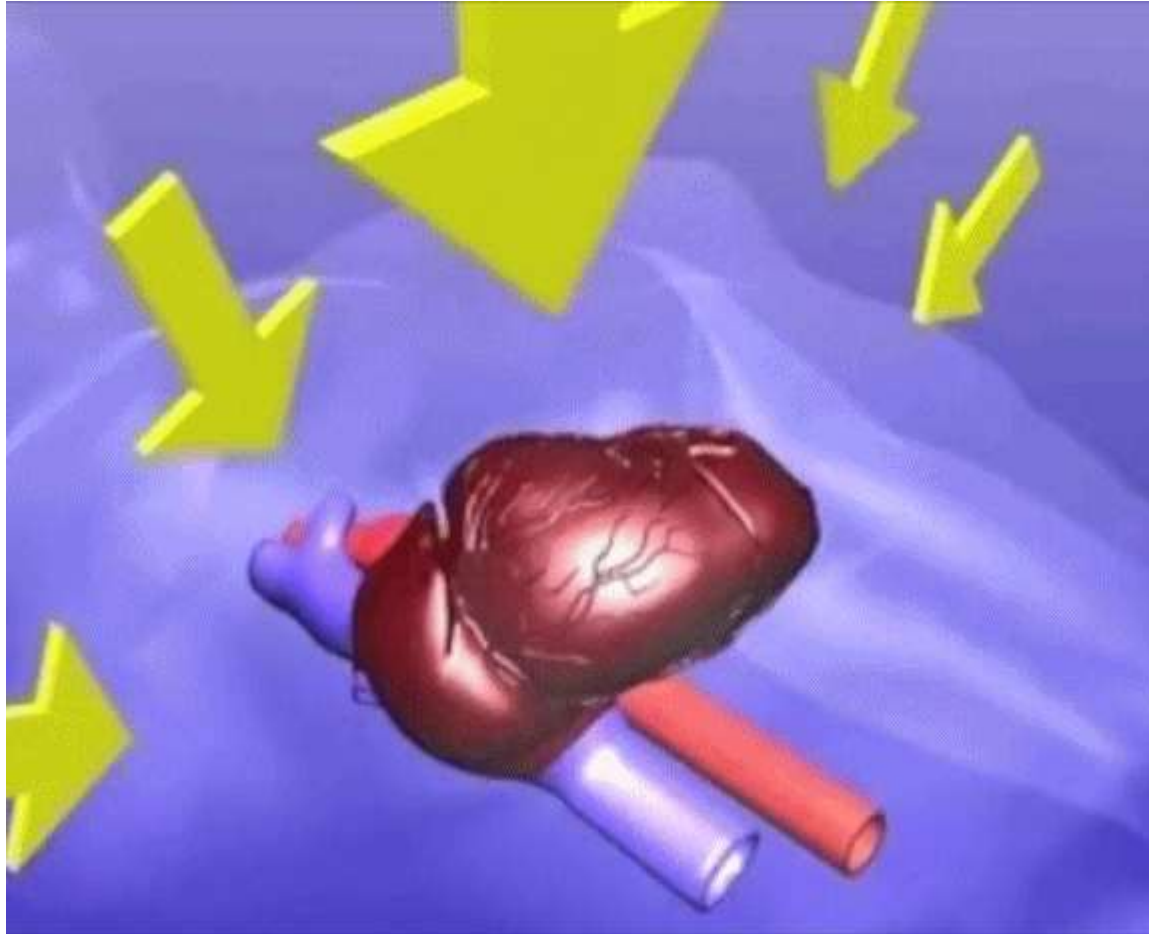
- ”The Gold Standard”
- Guidelines anbefaling 1
- Skal mekanisk brystkompresjon være indisert må den være
 - minst like bra
 - tilføre andre viktige momenter

Theory of Blood Flow



The Sternal Pump is believed to compress only the heart, the Thoracic pump to compress the large vessels and the right atrium.

A Mix of sternal and thoracic pump



Unlike other devices, AutoPulse creates sternal and thoracic compressions

**Hvordan utføres
”Gold Standard”?**

Prehospital A-CPR quality in three different EMS (Akershus, Stockholm, London)

	First 5 minutes of CPR	Whole episode of CPR
	<i>Mean ± SD</i>	<i>Mean ± SD</i>

No Flow Ratio	0.49 ± 0.21	0.48 ± 0.18
----------------------	--------------------	--------------------

Compressions

# per minute	60 ± 24	64 ± 23
--------------	---------	---------

Rate (c/min)	120 ± 20	121 ± 18
--------------	----------	----------

Depth (mm)	35 ± 10	34 ± 9
------------	---------	--------

Compression part of DC	0.41 ± 0.05	0.42 ± 0.04
------------------------	-------------	-------------

Wik L et al, JAMA 2005

- same results from Abella et al, Chicago, inhospital arrests, JAMA 2005

Valenzuela et al, Tucson, prehospital arrests, Circulation 2005

Bad A-CPR quality during a long time before ROSC!

**Har kvalitet av ”Gold
Standard” noe å si?**

Chest Compression Fraction and Survival

No problem during Mechanical Devices

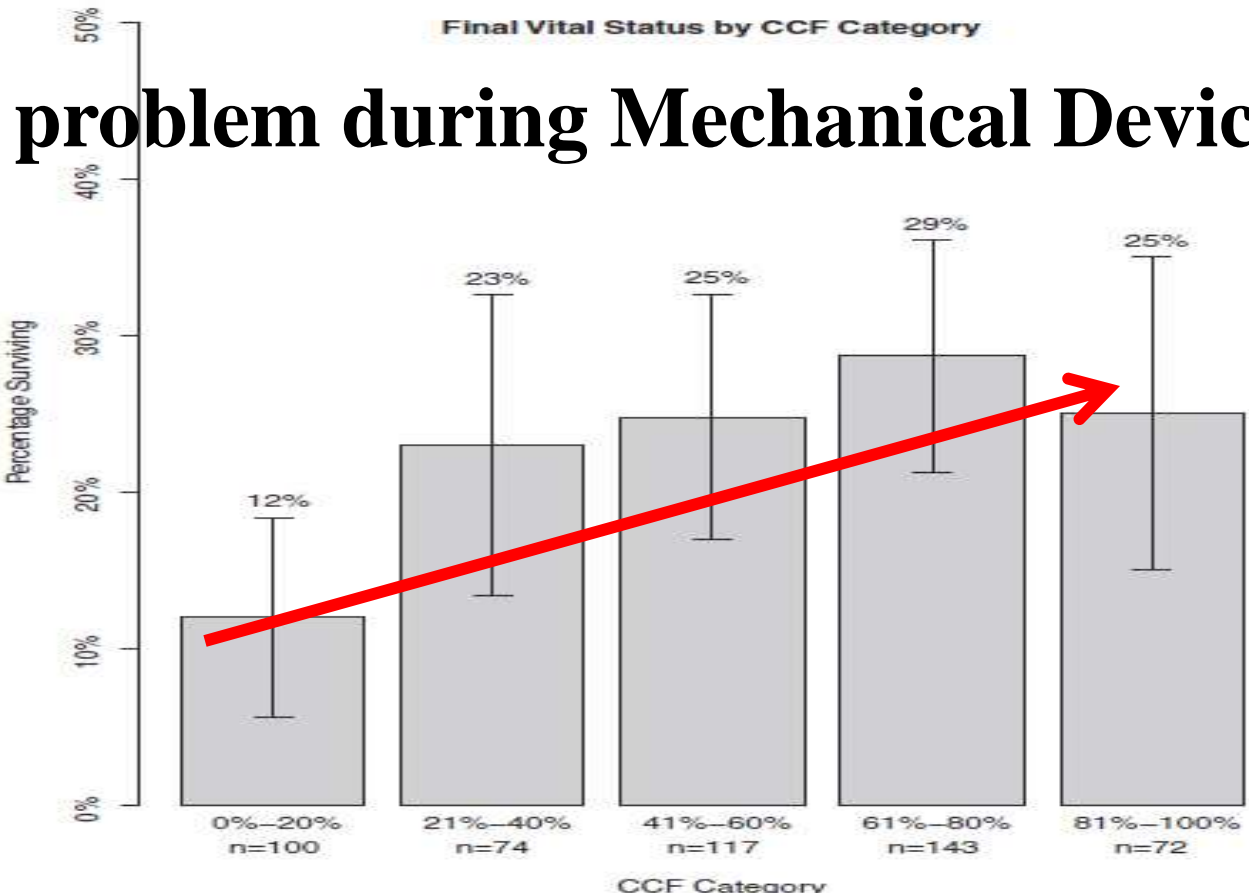
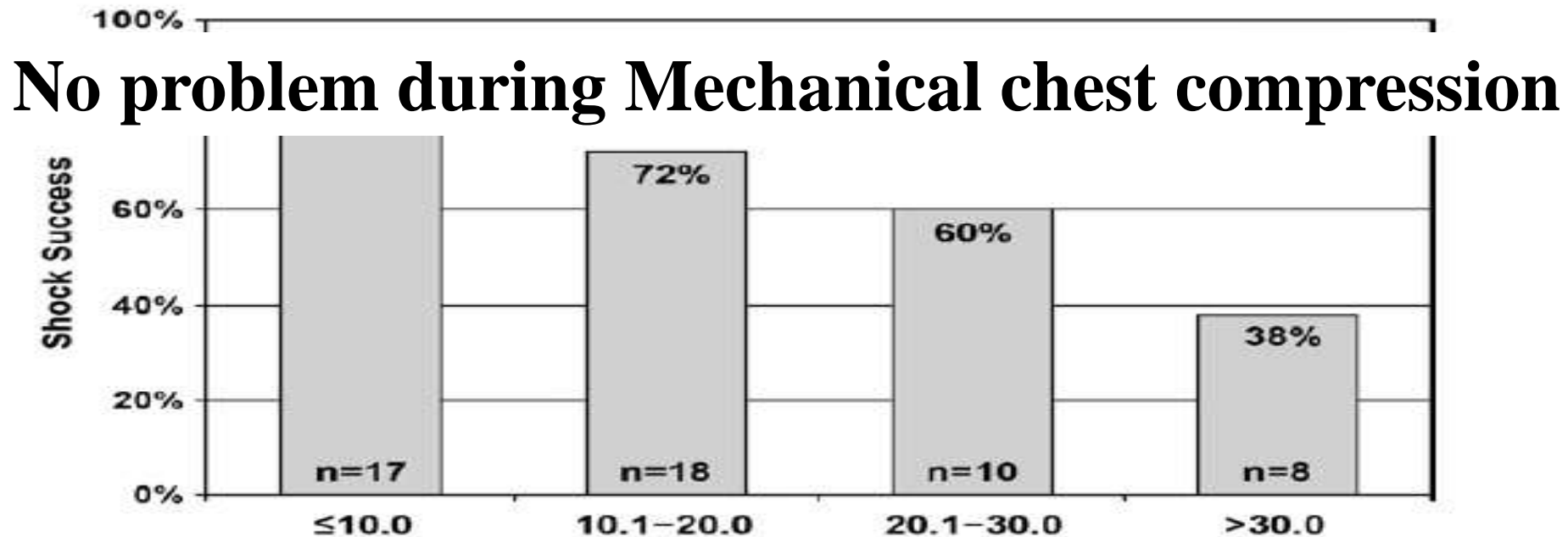


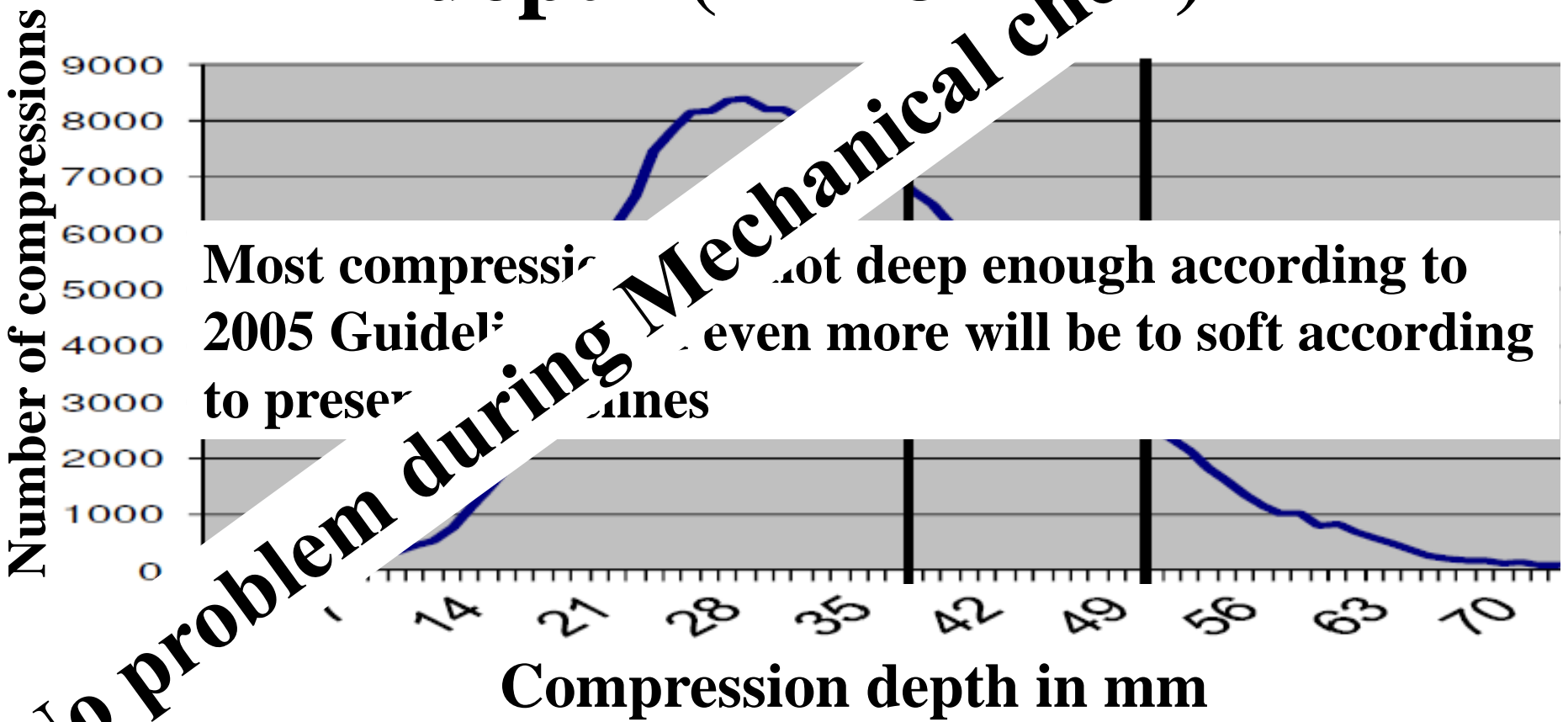
Figure 2. Survival to discharge for each category of chest compression fraction.

Preshock Pause

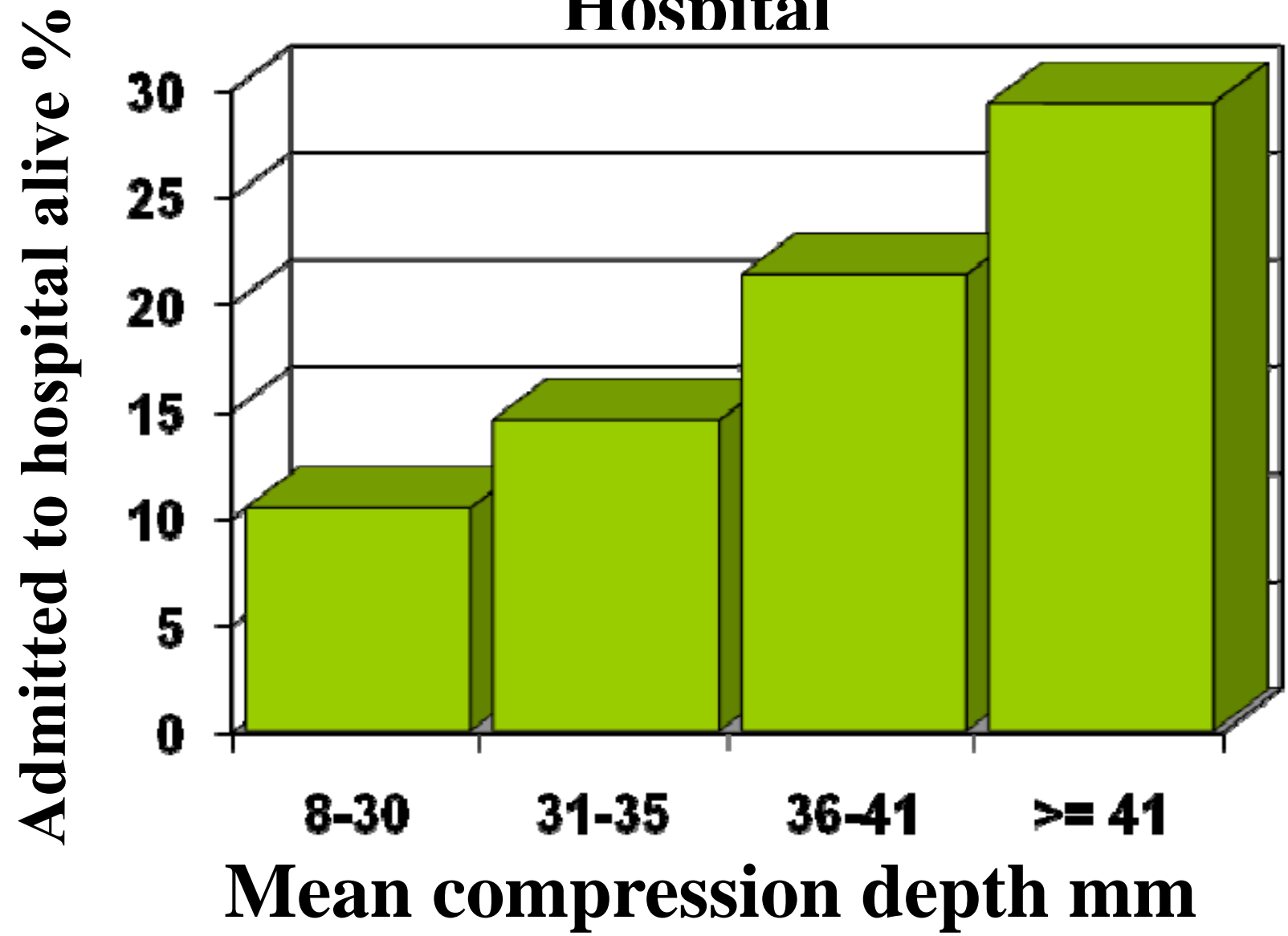


Increased pre – shock pauses are significantly associated with a smaller probability of shock success. 68% over 10 sec. Also showed by Sunde K. 1999

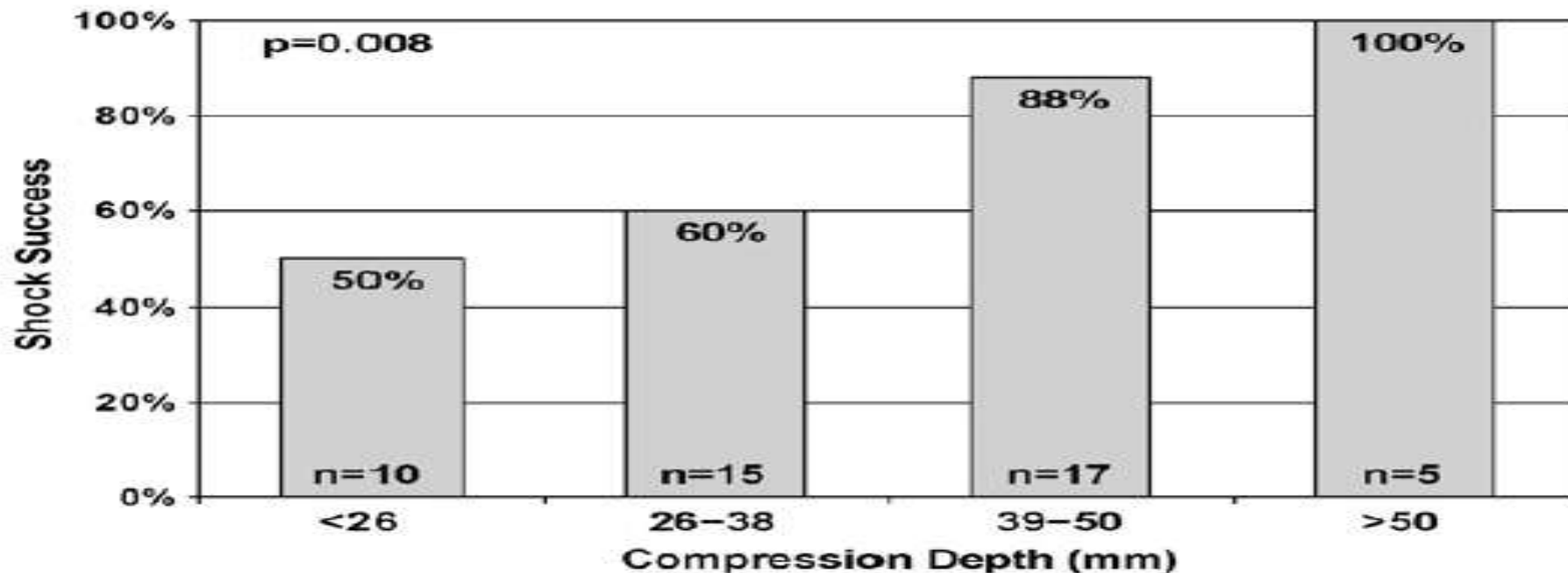
The distribution of Compression depth (n= 234)



Compression depth and admittance to Hospital

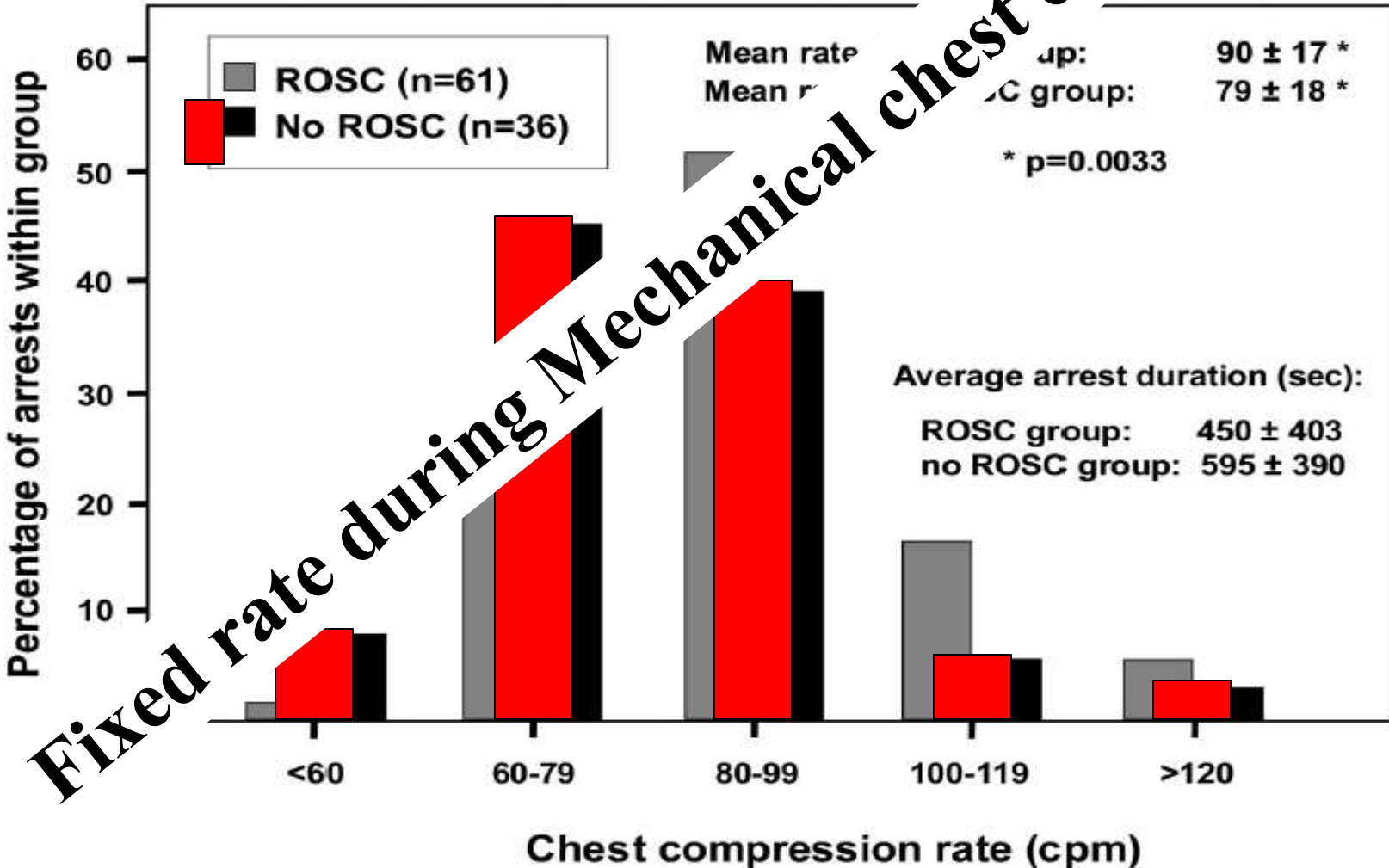


Compression Depth and shock success



Deeper chest compressions are significantly associated with increased probability of shock success

Chest Compression Rates correlate with initial resuscitation outcomes



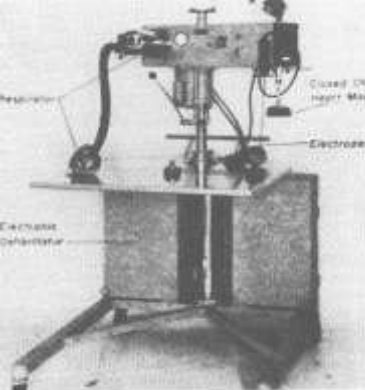


Fig. 3. Back-hand electricity powered

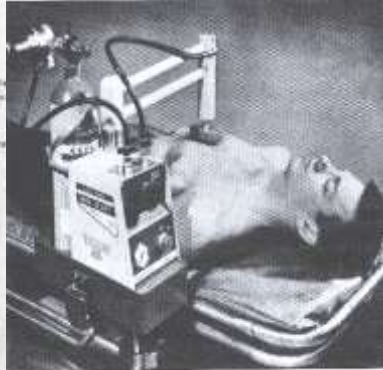


Fig. 4. Iron Heart gas powered



Bowen Pulsator

Fig. 10. Bowen Pulsator.

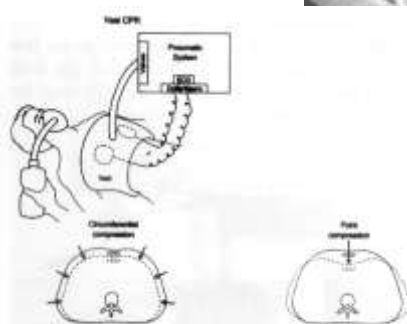
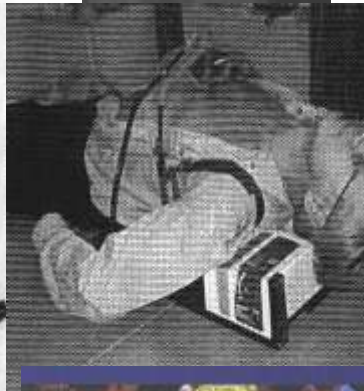
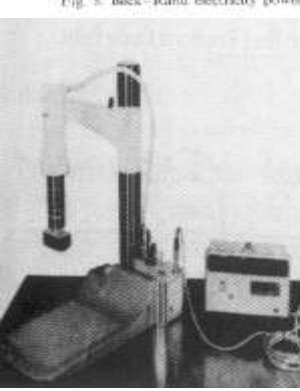
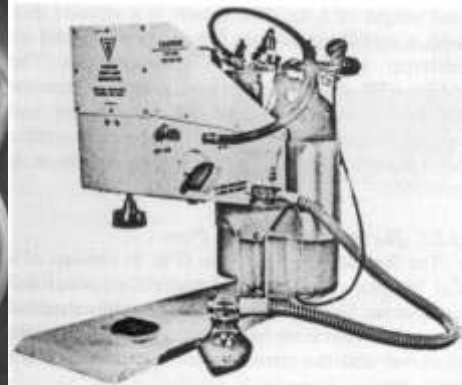


Fig. 6. Vest cardiopulmonary resuscitation gas power



Fig. 2. Travenol/Baxter gas powered.

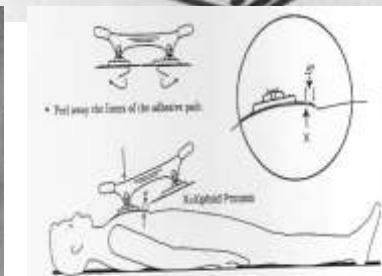


Fig. 12. Lifetech.

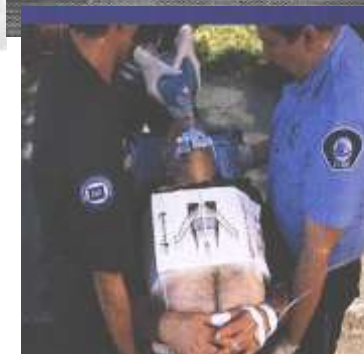


Fig. 9. Roach-Cleary-Park

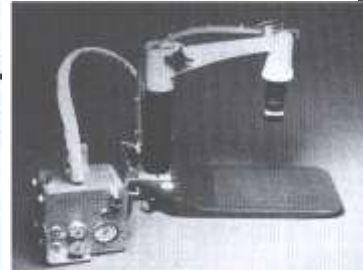
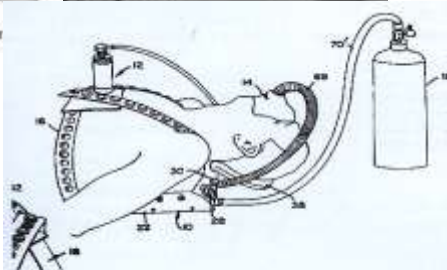


Fig. 1. Thumper gas powered

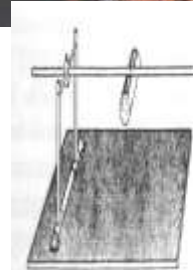


Fig. 7-7y-2000

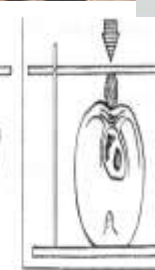


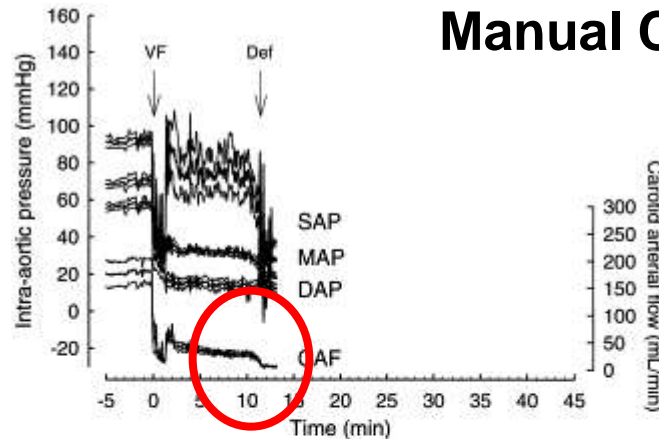
Fig. 1-801-100



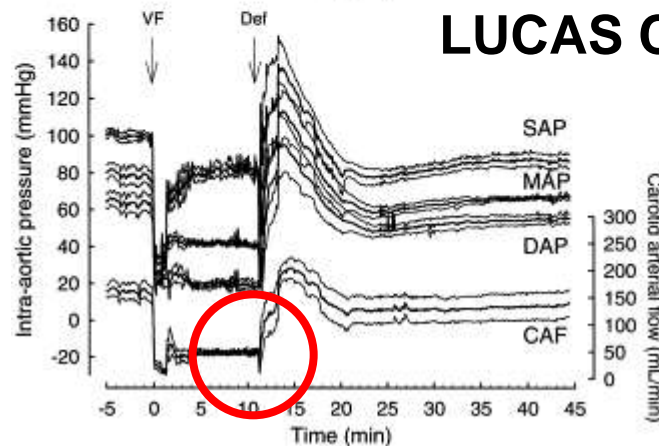
Fig. 11. Hepes Cardiac Massage

**Eksperimentelle studier som
viser at mekanisk HLR er
indisert**

Pressure and Carotid flow curves for gas LUCAS and manual CPR (pig)



ROSC 0



ROSC 5/6

Evaluation of LUCAS, a new device for automatic mechanical compression and active decompression resuscitation Steen S et al. Resuscitation 2002

Cardiopulmonary resuscitation with a novel chest compression device in a Porcine model of Cardiac Arrest.

Halperin HR et al JACC 2004;44:2214-20

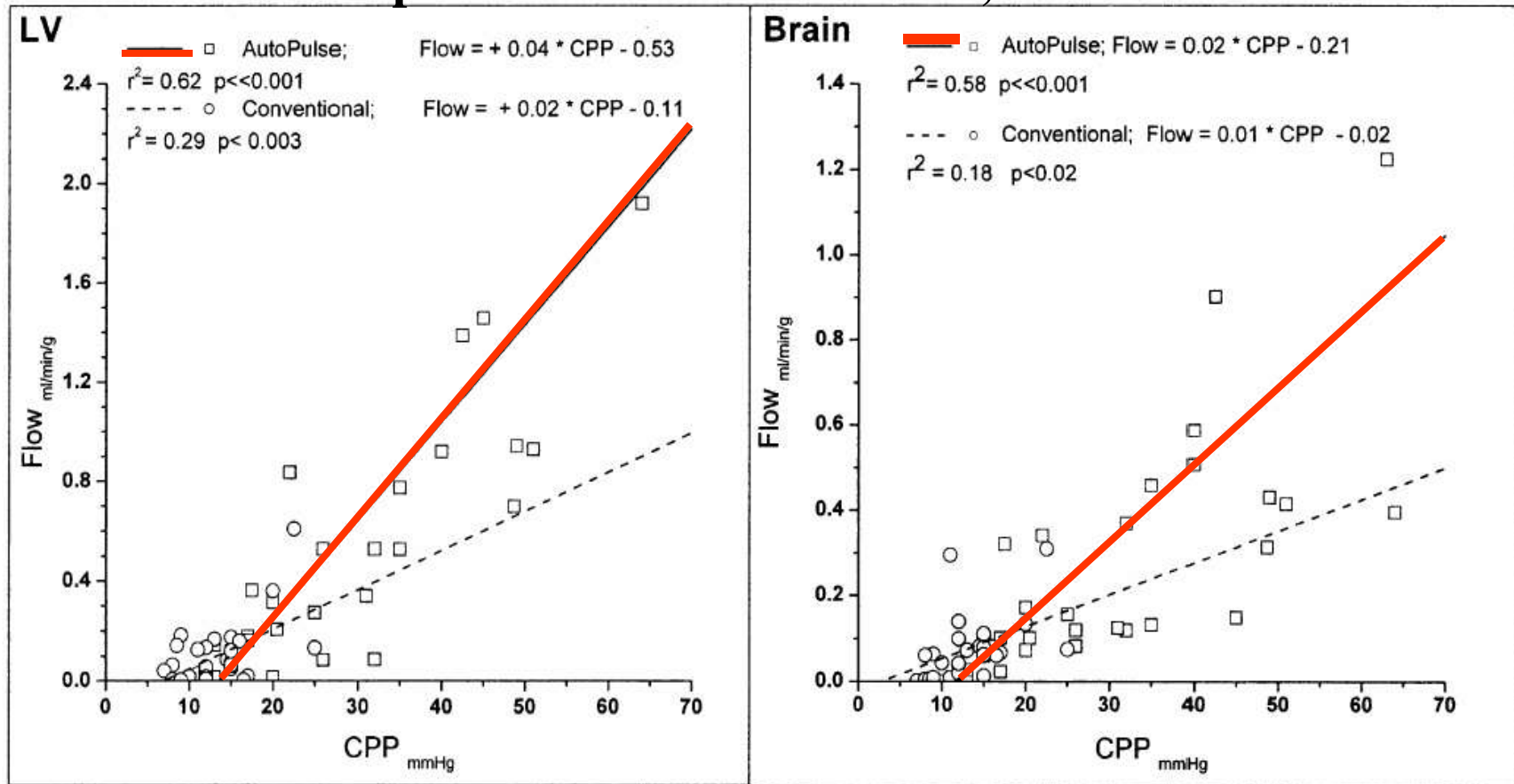
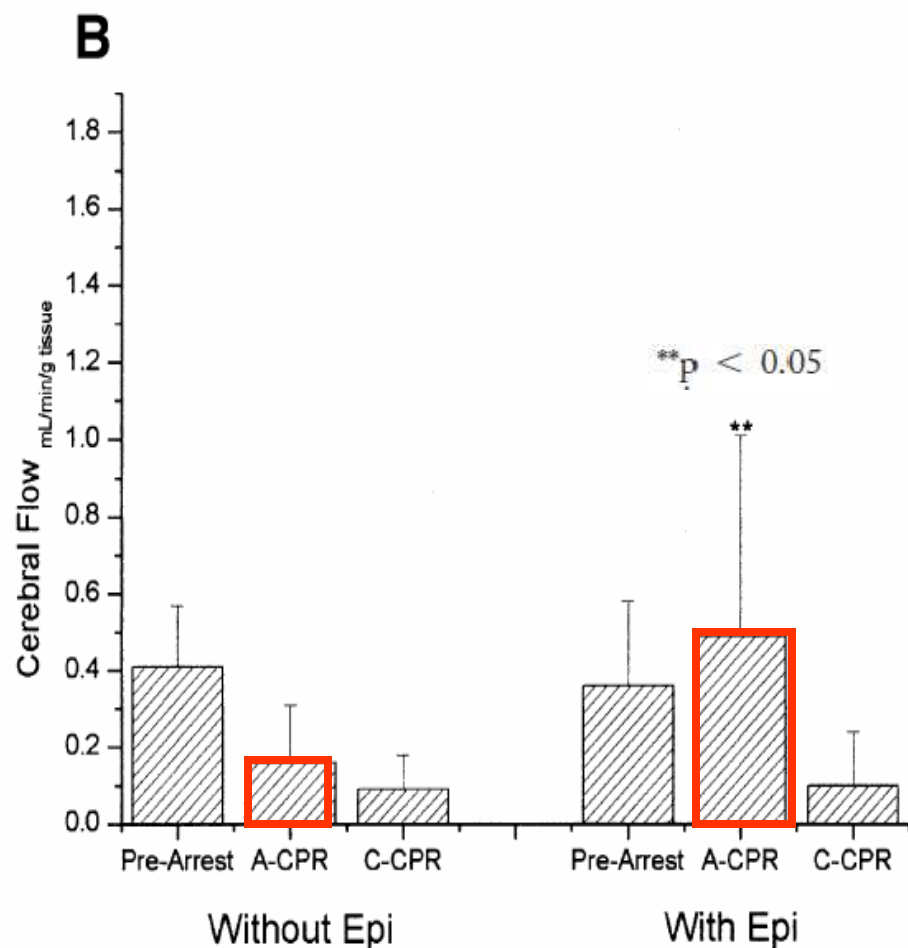
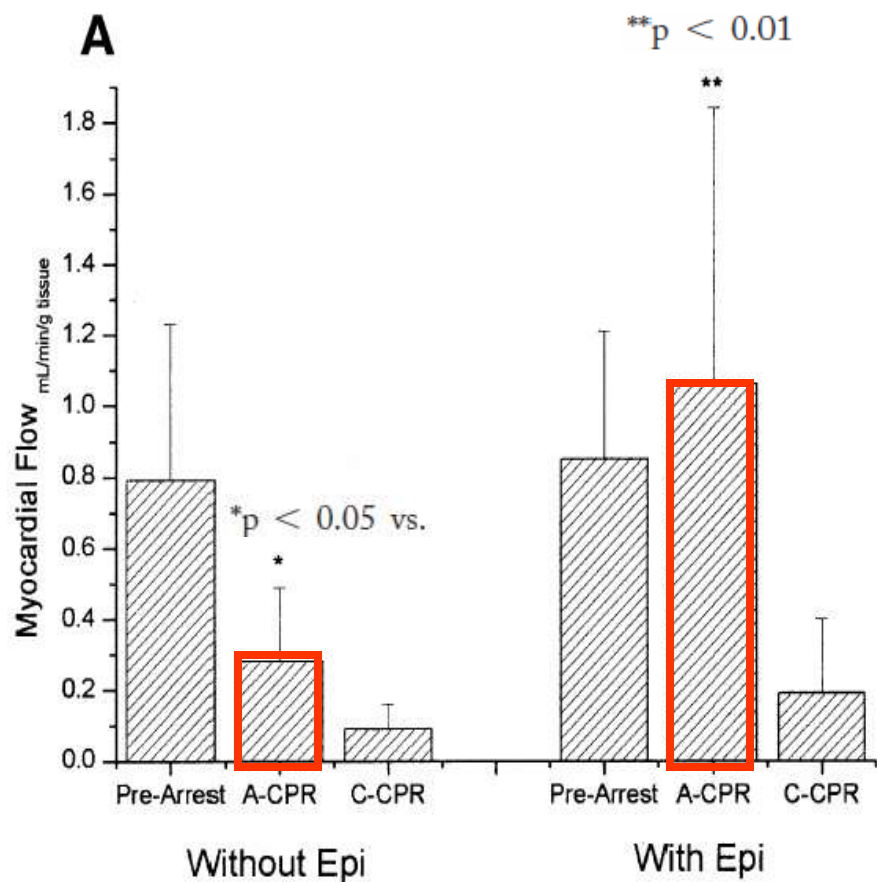


Figure 4. Correlations between left ventricular (LV) and brain flows, and coronary perfusion pressure (CPP), for AutoPulse cardiopulmonary resuscitation (A-CPR) and conventional (piston) cardiopulmonary resuscitation (C-CPR). For both the LV and brain, A-CPR produced more flow at given levels of CPP than C-CPR ($p < 0.05$).

Cardiopulmonary resuscitation with a novel chest compression device in a Porcine model of Cardiac Arrest.

Halperin HR et al JACC 2004;44:2214-20



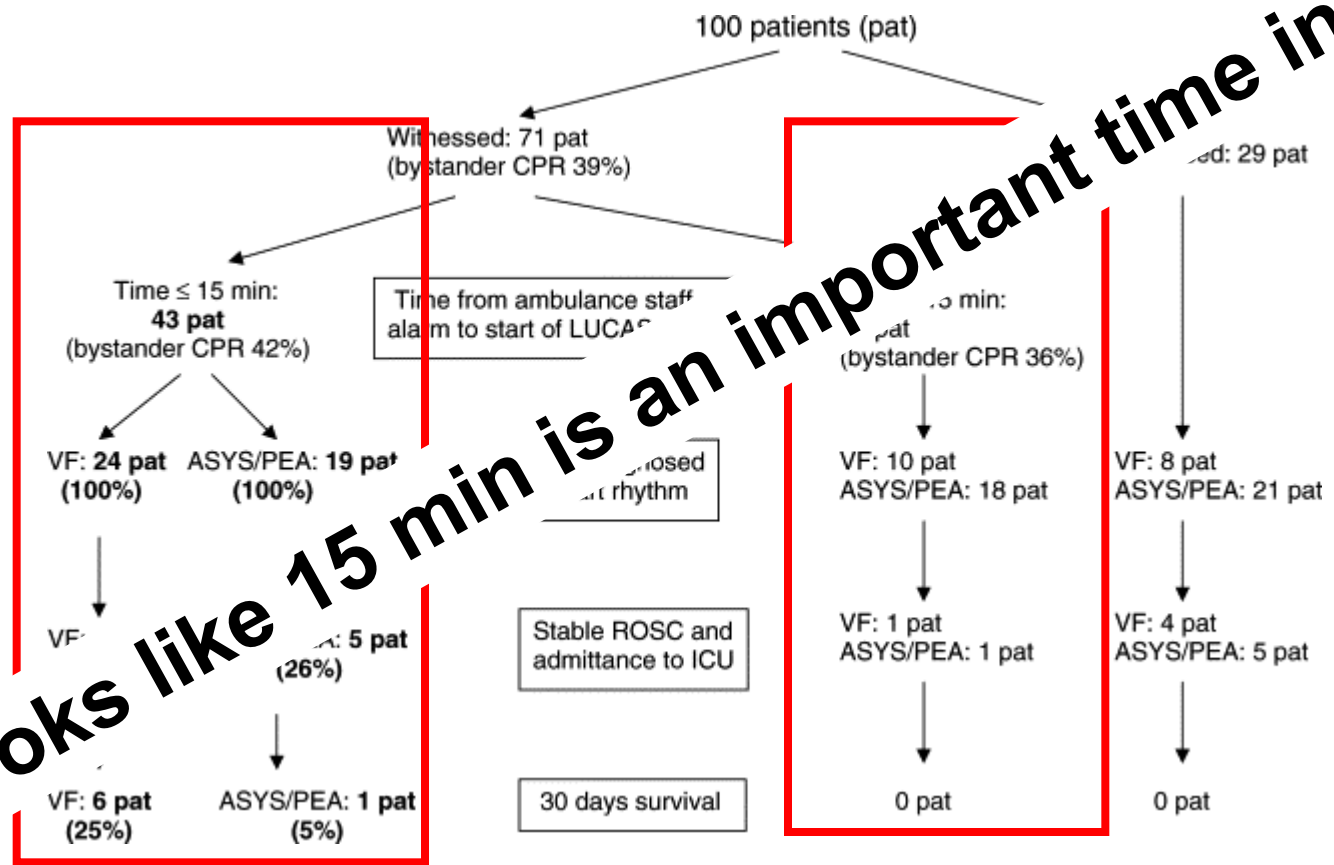
**Kliniske studier som viser at
mekanisk HLR er indisert**

Quality (hands off) of mechanical vs manual chest compressions during CPR

	Entire episode	Before transport	During transport	P value
Manual	0.22 ± 0.09	0.19 ± 0.09	0.27 ± 0.15	0.002
Mechanical	0.09 ± 0.06	0.10 ± 0.06	0.08 ± 0.06	0.248

Treatment of out-of-hospital cardiac arrest with gas LUCAS, a new device for automatic mechanical compression and active decompression resuscitation

It looks like 15 min is an important time interval



gas LUCAS In Gothenburg

	LUCAS	Manual
ROSC		51 %
Admitted	38 %	37 %
Discharged	8 %	10 %

Cluster randomization

(LUCAS changed between the ALS units)

Axelsson et al. Resuscitation 2006

NO DIFFERENCE, IN SPITE OF THE FACT THAT LUCAS ARRIVED LATE

Improved hemodynamic performance with a novel chest compression device during treatment of in-hospital cardiac arrest.

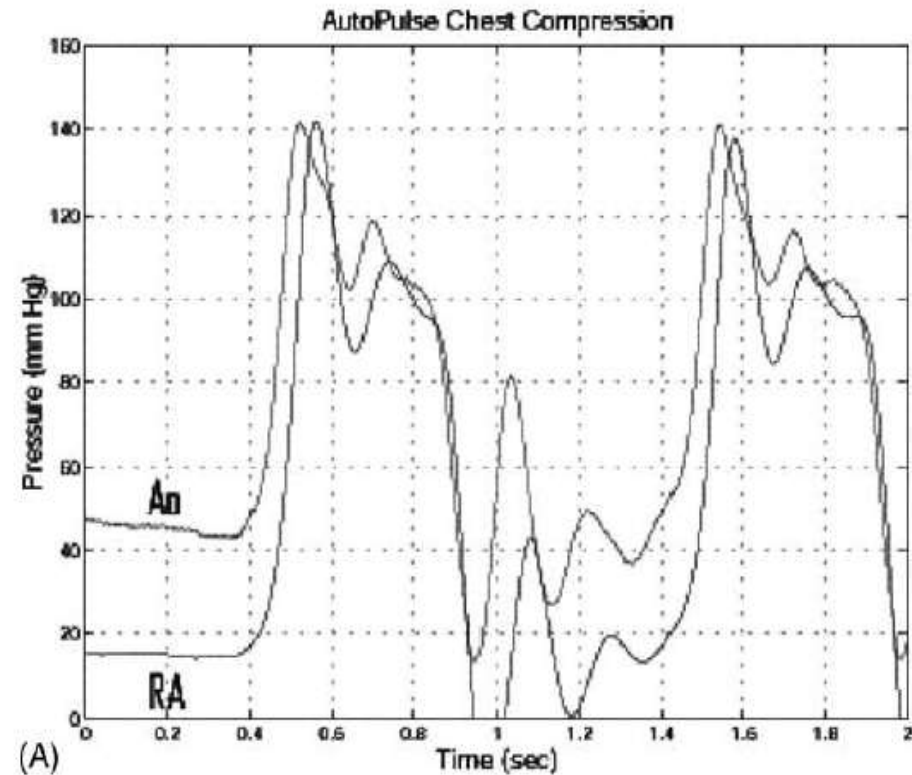
Timerman et al. Resuscitation 2002.

- Included after 10 min with ALS
- Catheters in thoracic aorta and right atrium
- Intubated, epi every 3-5 min
- Switching between manual (100/min) and mechanical (60/min) 90 sec each
- 31 included but only 16 with good data quality

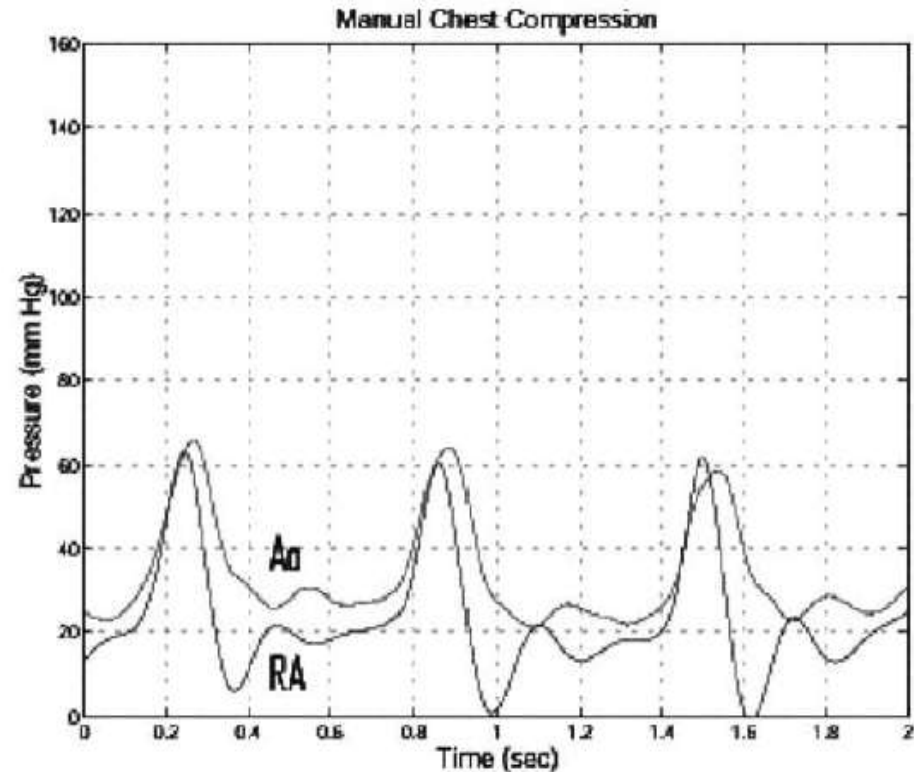
Improved hemodynamics performance with a novel chest compression device during treatment of in-hospital cardiac arrest.

Timmerman S et al. Resuscitation 2004;61:273-80

AutoPulse Chest Compressions



Manual Chest Compressions

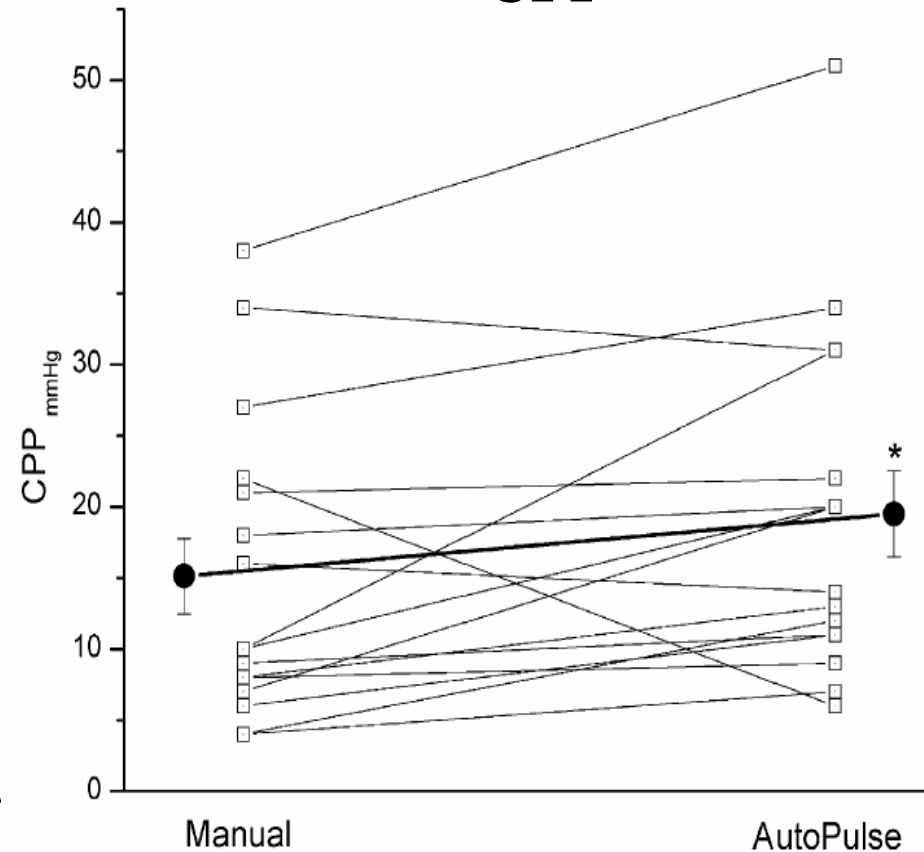
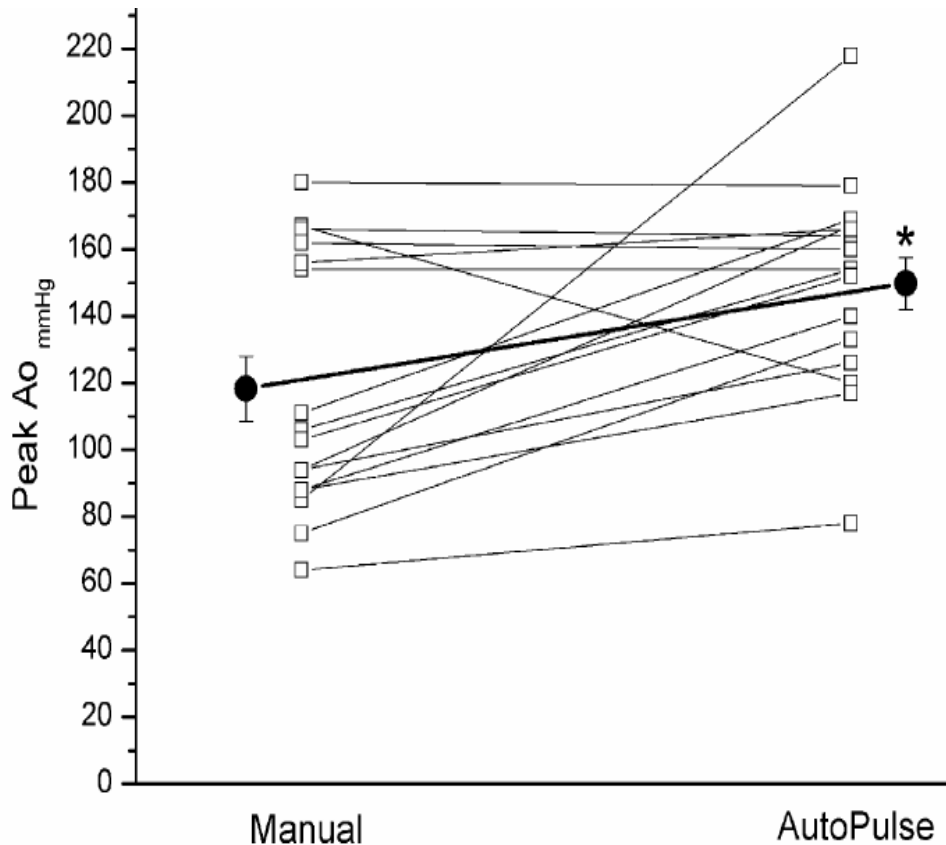


Improved hemodynamics performance with a novel chest compression device during treatment of in-hospital cardiac arrest.

Timmerman S et al. Resuscitation 2004;61:273-80

Peak Ao

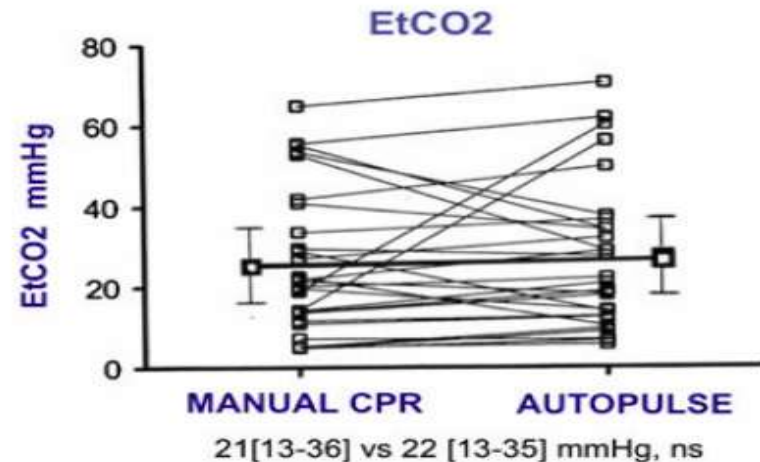
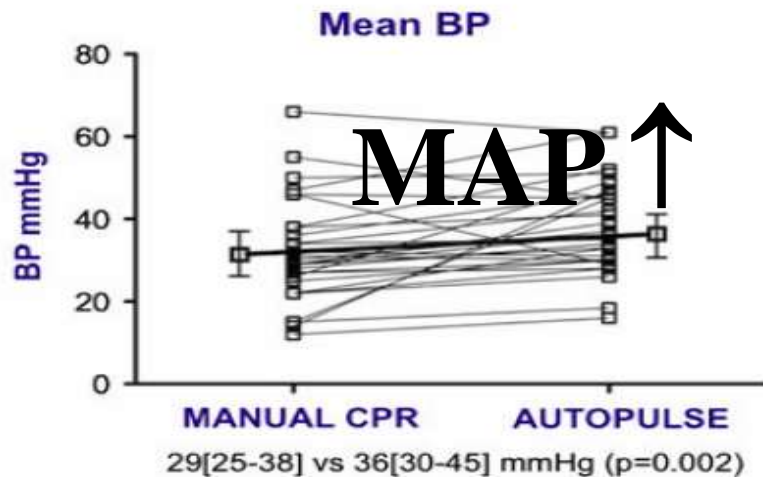
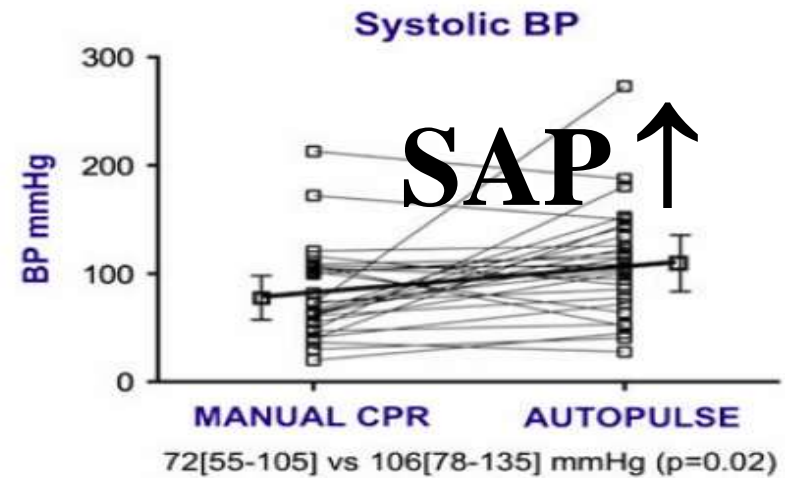
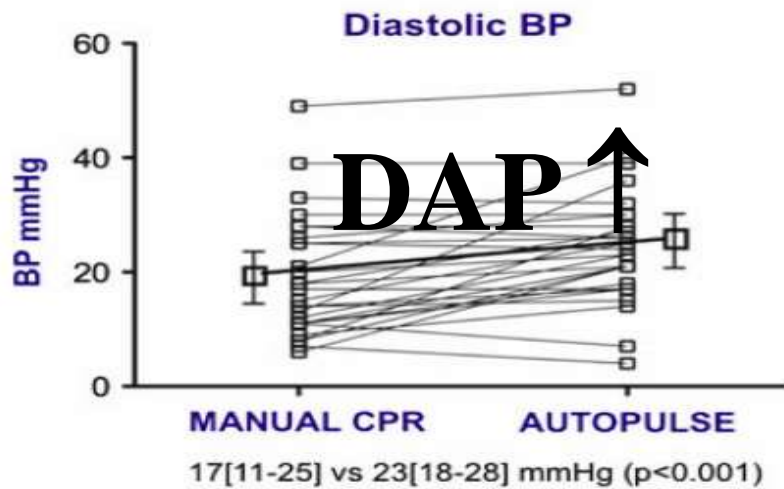
CPP



(* $P < 0.015$).

Effect of the AutoPulse automated band chest compression device on hemodynamics in out-of-hospital cardiac arrest resuscitation.

Duchateau FX et al. Int Care Med 2010;36:1256-1260



The impact of a new CPR assist device on rate of return of spontaneous circulation in out of hospital cardiac arrest.

	ROSC	Not ROSC	Tot	P value
M CPR	27 29%	66	93	0.003
A CPR	27 39%	44	69	
M CPR asystoli	11 22%	38	49	0.008
A CPR asystoli	13 37%	22	35	
M CPR PEA	5 23%	17	22	0.079
A CPR PEA	6 38%	10	16	
M CPR VF	11 50%	11	22	0.340
A CPR VF	8 44%	10	18	

Historical control

Casner et al. Prehosp Emerg Care 2005

Effect of a CPR assist device on survival to Emergency Department arrival in out of hospital cardiac arrest.

	AutoPulse N=118	Manual N=405	OR	CI 95%	p
Survival to ER	29%	19%	1.7	1.1-2.8	0.02
VF	31%	33%	0.9	0.4-2.1	0.85
PEA	32%	17%	2.4	1.1-5.5	0.04
Asystoli	24%	10%	2.8	1.2-6.3	0.01

Not randomized

Swanson M et al. Circulation 2005

Use of an automated, load-distributing band chest compression device for out-of-hospital cardiac arrest resuscitation (case-control, CPR first)

	AutoPulse N=284	Manual N=499	P
ROSC	35%	20%	0.0001
Admitted Hospital	21%	11%	0.0002
Survival	10%	3%	0.0001
EMS witnessed	19%	13%	

CPR interruptions with use of a Load Distributing Band (LDB) device during ED cardiac arrest.

Ong ME et al. Ann Emerg Med 2010

	Manual CPR N=26	LDB CPR N=41
No flow time (mean)(IQR) First 5 min	85s (45-112s)	104s (69-151)
No flow ratio (mean) First 5 min	0.28	0.40
No flow time (mean)(IQR) 5-10 min	85s (59-151)	52s (34-82)
No flow ratio (mean) 5-10 min	0.34	0.21

Average deployment time 152s.

Case reports

Spesielle situasjoner (ref prof Sunde)



Manual chest compression vs use of an automated chest compression device during resuscitation following out of hospital cardiac arrest.

Hallstrom AP et al. JAMA 2006

- Randomized (Cluster)
- 3 different protocols, one site changed protocol during the study
- Primary endpoint survival 4h
- AutoPulse n=554, Manual n=517

Results

	AutoPulse	Manual	P
4 h survival	29%	30%	0.74
Discharged	6%	10%	0.04
Asystole			
4h survival	17%	10%	0.099
Survival	2%	0%	ns
VF/VT + PEA			
4h survival	34%	35%	1.0
Survival	10%	17%	0.099

The Circulation Improving Resuscitation Care (CIRC) Trial:

1. Operate AutoPulse and CPR first algorithm

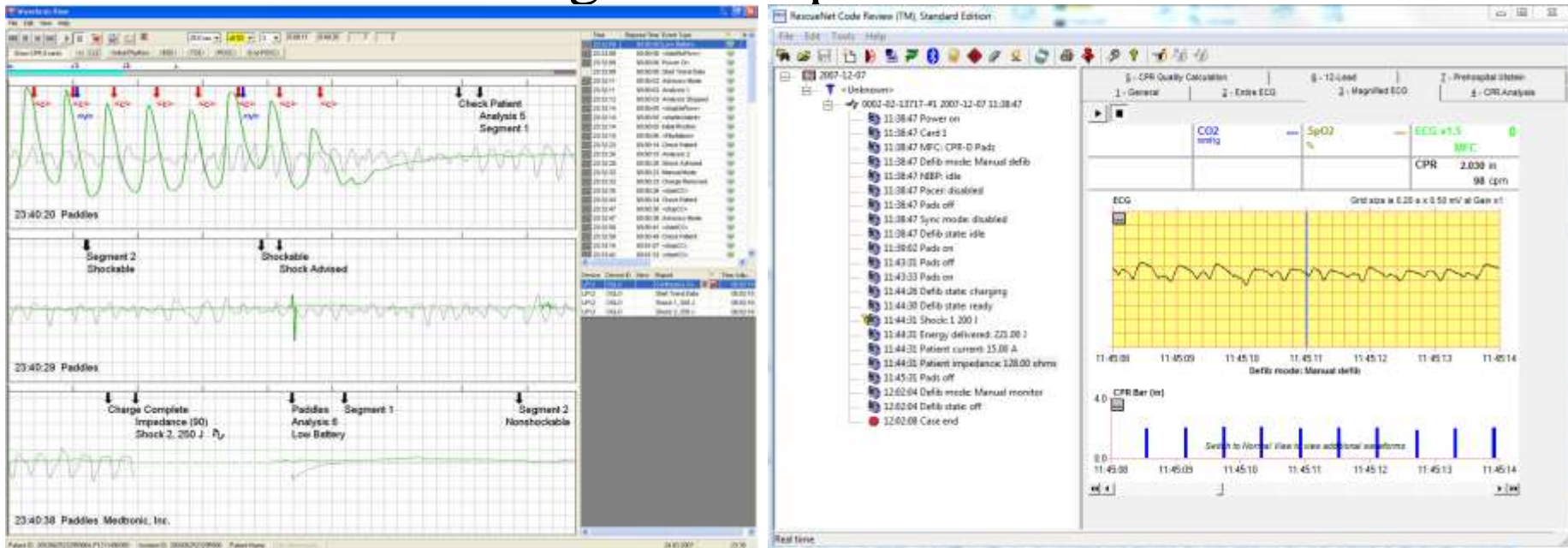
Minimize Hands-Off Time

- Standardized Training
 - 4 hours
 - Train and practice Pit crew deployment strategy
 - Review study protocol
 - Review CPR process



2. Monitor CPR Quality

- CPR process is monitored
 - Transthoracic impedance data (TTI)
 - Accelerometer data. (AD)
 - Basis of moving to next phase



3. Verify Protocol Adherence

- Formal simulation (manikin) study conducted*
- Evaluated protocol compliance and quality of CPR (TTI, AD)
- Used to guide refresher training curriculum



*Tømte Ø et al Resuscitation

4. Minimize Hawthorne Effect and Other Biases

-In-field training

- No enrollment - all patients get AutoPulse

-Statistical inclusion

- Enrollment and randomization
- Data used for interim or final analysis



-Run-in

- Enrollment and randomization
- Data not used for interim or final analysis

BUT, before Inclusion and after training we have the CIRC Manikin Study

5. Randomization

Reduce Selection Bias

- Randomization at the subject level
- After decision to resuscitate has been made



6. Sufficiently Powered

- Group Sequential Double Triangular Test
- Powered to determine superiority, inferiority, or true equivalence

The New England
Journal of Medicine

Copyright © 2002 by the Massachusetts Medical Society

VOLUME 346

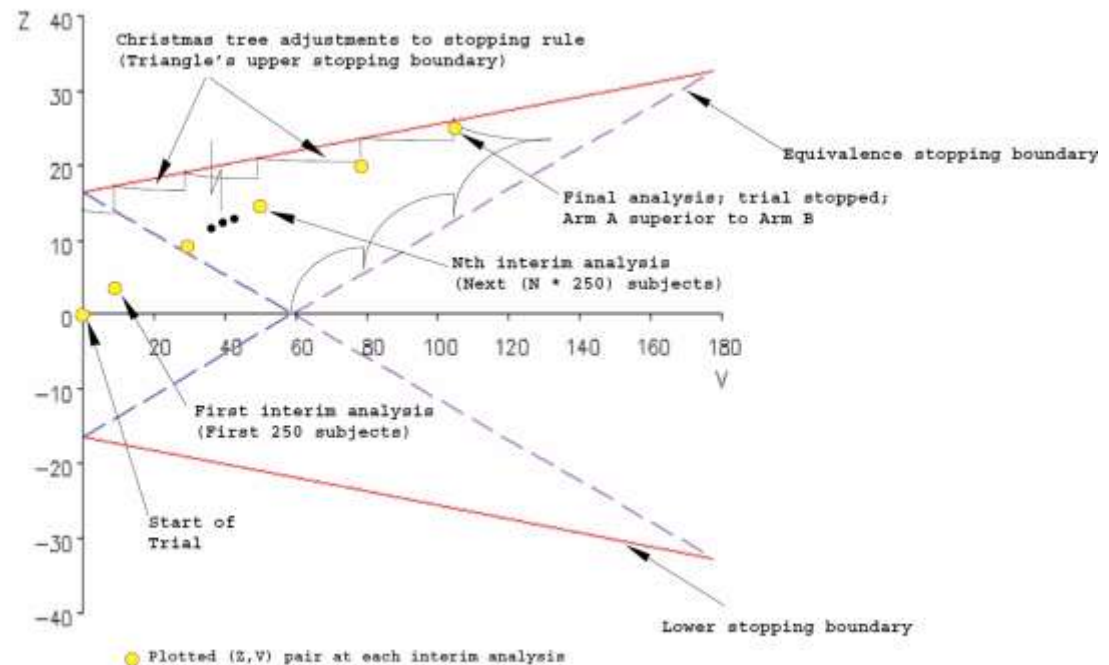
MARCH 21, 2002

NUMBER 12



PROPHYLACTIC IMPLANTATION OF A DEFIBRILLATOR IN PATIENTS
WITH MYOCARDIAL INFARCTION AND REDUCED EJECTION FRACTION

ARTHUR J. MOSS, M.D., WOJCIECH ZAREBA, M.D., Ph.D., W. JACKSON HALL, Ph.D., HELMUT KLEIN, M.D.,
DAVID J. WILBER, M.D., DAVID S. CANNON, M.D., JAMES P. DAUBERT, M.D., STEVEN L. HIGGINS, M.D.,
MARY W. BROWN, M.S., AND MARK L. ANDREWS, B.B.S.,
FOR THE MULTICENTER AUTOMATIC DEFIBRILLATOR IMPLANTATION TRIAL II INVESTIGATORS*



Result CIRC Trial

Survival to Hospital Discharge

Manual CPR

**Integrated
AutoPulse CPR**



Wik L et al 2011

KONKLUSJON

- Ja
- Spesielle situasjoner
- Foreløpig er bare AutoPulse dokumentert vitenskapelig i en randomisert studie